

## **Announcement from CME Subcommittee**

### **LAST YEAR OF YOUR CME CYCLE**

The present 2008-2010 CME cycle will end on 31<sup>st</sup> December 2010. Fellows are reminded that to stay in the Specialist Register, they need to acquire at least 90 CME Points (with at least 30 Category A Points and 15 Active CME Points from any categories) before the end of this year. Fellows can check their own CME/CPD profile from the Academy iCMECPD website at <http://www.icmecpd.hk/>. The College will also inform all Fellows of their CME Points (up to the end of 2009) after March 2010.

Some Colleagues may find less opportunity to acquire Active CME Points. Some useful tips to gain active CME Points in private practice are listed as follows:

1. Self study of Hong Kong Journal of Paediatrics – completing the MCQs of each issue leads to award of 4 Active CME Points. The four issues of the Journal will already provide 16 Active CME Points per year. Fellows can answer the MCQs of the most recent issue through the Academy iCME/CPD website at <http://www.icmecpd.hk/>. However, doing the MCQs of the previous issues is not awarded any CME Points since answers are already published.
2. The previous limit of maximum 10 points for self study (Category D) and active participation in Category E activities have been removed in the College CME/CPD Guidelines in July 2007.
3. Self study of the Hong Kong Medical Journal – completing the MCQs of the two CME articles in each issue of the HKMJ leads to award of 1 Active Points per article (either Category D for paediatric-related or Category E for non-paediatric articles).
4. Self study of other journal articles – Fellows can read paediatrics-related articles published in the past one year within a list of over 75 College approved journals (see appendix 2 of College CME/CPD Guidelines). One Active CME point will be awarded to each article studied when a written commentary of 300 words is submitted. An assessment fee (currently \$500 per year for an unlimited number of articles) will be required for the activity.
5. Self study at the following paediatric related websites will also be awarded Active CME Points as shown in the following table. Quick user guides for using these web-based learning are available from the College website (Continuing Medical Education section).

6. Fellows can form Study Groups comprising of five or more Fellows to conduct regular category B CME/CPD meetings including reviews of paediatric topics or case presentations, journal clubs, X ray meetings, audio-visual viewing sessions. Apart from passive CME Points according to the duration of the meeting (one point per hour), Fellows will get one extra Active CME point per meeting by being speakers with presentations of not less than 30 minutes or the chairman on submission of a synopsis of the meeting. These Study Groups have to be registered with the College and must hold regular meetings.

For a full list of activities leading to award of Active Points, Fellows are advised to read the College CME/CPD Guidelines. A simplified list of other active activities is shown below.

List of other active CME/CPD activities:

1. Presentations at international, regional or local professional meeting
2. Presentations at hospitals or approved study groups
3. Scientific publications
4. Activities to improve patient care (study groups can develop patient management algorithms, management guidelines)
5. Medical audit and quality assurance
6. Development of medically related technology
7. Teaching and lectures (College organized) to doctors in Hong Kong and overseas (PALS Course, Neonatal Resuscitation Programme in China, teaching doctors in developing countries, lectures to non-specialists) have been recently recognised by the Academy as active CME/CPD.
8. Acting as reviewer for local and indexed journals.

List of websites approved for self study for getting Active CME Points:

Medscape	<a href="http://www.medscape.com/pediatrics/cme">http://www.medscape.com/pediatrics/cme</a>	AMA PRA CME Points equivalent under Cat D
Contemporary Paediatrics	<a href="http://pediatrics.cmeweb.com/gallcourses.php">http://pediatrics.cmeweb.com/gallcourses.php</a>	AMA PRA CME Points equivalent under Cat D
Pedseducation	<a href="http://pedseducation.org/">http://pedseducation.org/</a>	AMA PRA CME Points equivalent under Cat D
eNeonatal Reviews	<a href="http://www.enconatalreview.com/">http://www.enconatalreview.com/</a> <a href="http://www.hopkinsecme.edu/ofp/enconatalreview/posttestlist.html">http://www.hopkinsecme.edu/ofp/enconatalreview/posttestlist.html</a>	Each credit hour equivalent to 1 CME point under Cat D

“For enquiries, please call the College Secretariat or send an email to [enquiry@paediatrician.org.hk](mailto:enquiry@paediatrician.org.hk)”