



香港基督教服務處
HONG KONG CHRISTIAN SERVICE

全人關心 卓越創新
care for all excel in all

Internet Addiction and e-sports among youngsters in Hong Kong

Joe Tang

Centre-in-charge
Online New Page
Online Addiction Counselling Centre

Date: 20, Jul, 2019

Online New Page

Since 2005, our Integrated Children and Youth Service (Happy Teens Club) has developed the “Online New Page Project”

Since 2006, the Project has funded by the Community Chest of Hong Kong.

Since 2010, we have named as “Online New Page – Online Addiction Counselling Centre”

DSM-5

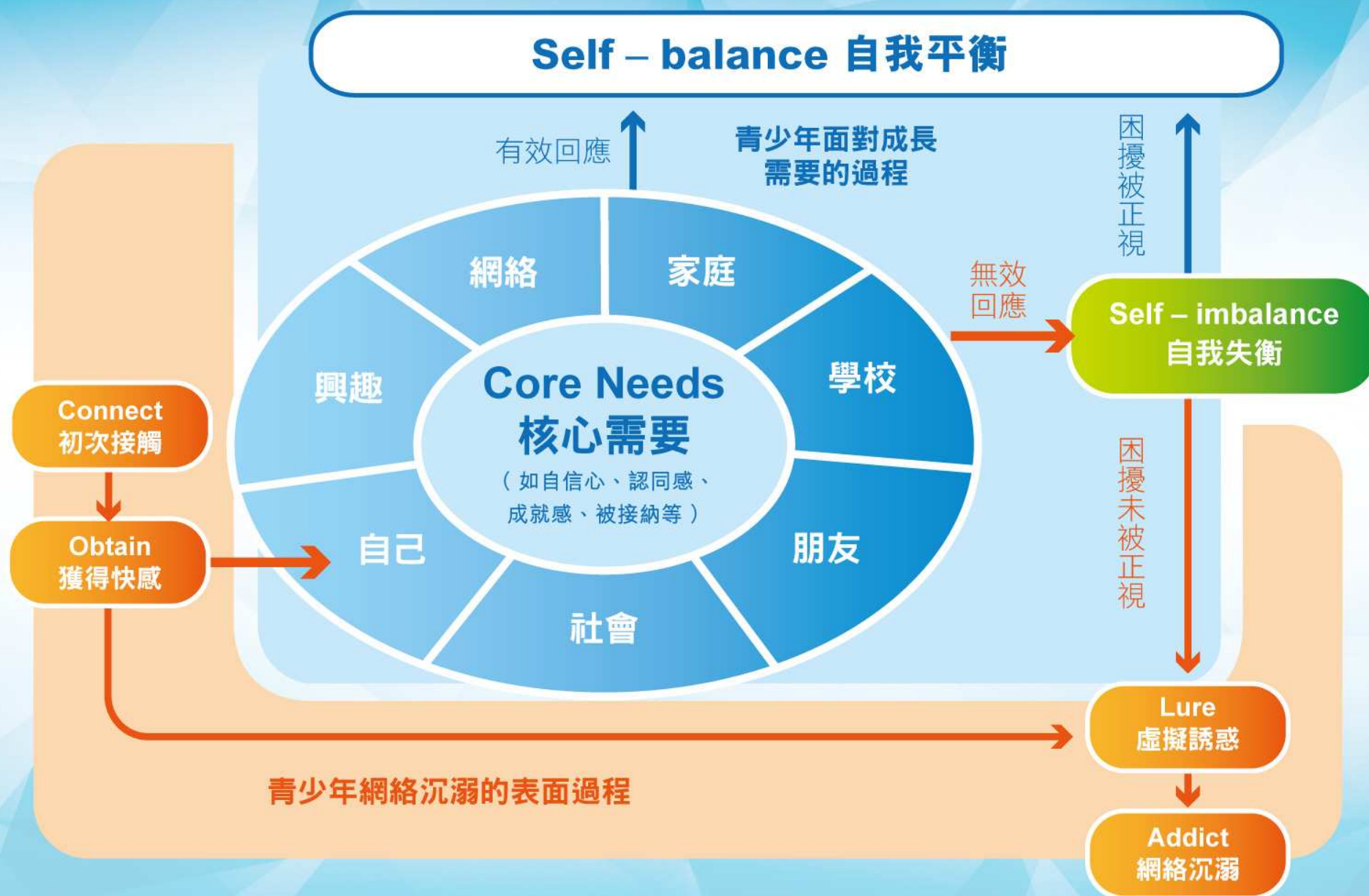
Internet gaming disorder is listed in an appendix as a disorder requiring further study

ICD-11

- 1) impaired control over gaming (e.g., onset, frequency, intensity, duration, termination, context)
- 2) increasing priority given to gaming to the extent that gaming takes precedence over other life interests and daily activities
- 3) continuation or escalation of gaming despite the occurrence of negative consequences
- 4) at least 12 months

- ✓ Most human behaviors are motivated and goal-directed
- ✓ Problematic behaviors are attempts to attain goals by misguided or ineffective means

COLA-CS 網絡沉溺結構圖



Survey in 2009 of IA

According to Dr. Kimberly Young's Internet Addiction Test, if you answer 5 out of 8 of AGREE OR STRONGLY AGREE, you are addicted to the internet.

Amongst 1192 data ,

15.9% (189人) is internet addicts ;

84.1% (1003人) is non-internet addicts ;

24.7% (295人) is potential internet addicts 。

	Non-IA (0)	Non-IA (1-2)	Potential IA (3-4)	IA (5-6)	IA (7-8)
Person (%)	282 (23.7%)	426 (35.7%)	295 (24.7%)	135 (11.3%)	54 (4.5%)
Person (%)	1003 (84.1%) (Note : 「Non-IA」)			189 (15.9%) (Note : 「IA」)	

Differences between the two groups

IA scores lower in the area of sense of achievement, interpersonal relationship, leisure, and family relationship, implying the internet can compensate IA in these areas.

	IA	Non-IA
Sense of Achievement	2.49	2.87
Interpersonal Relationship	2.76	3.21
Leisure	2.65	2.97
Family Relationship	2.56	2.86

(1-4 , Higher score is better)

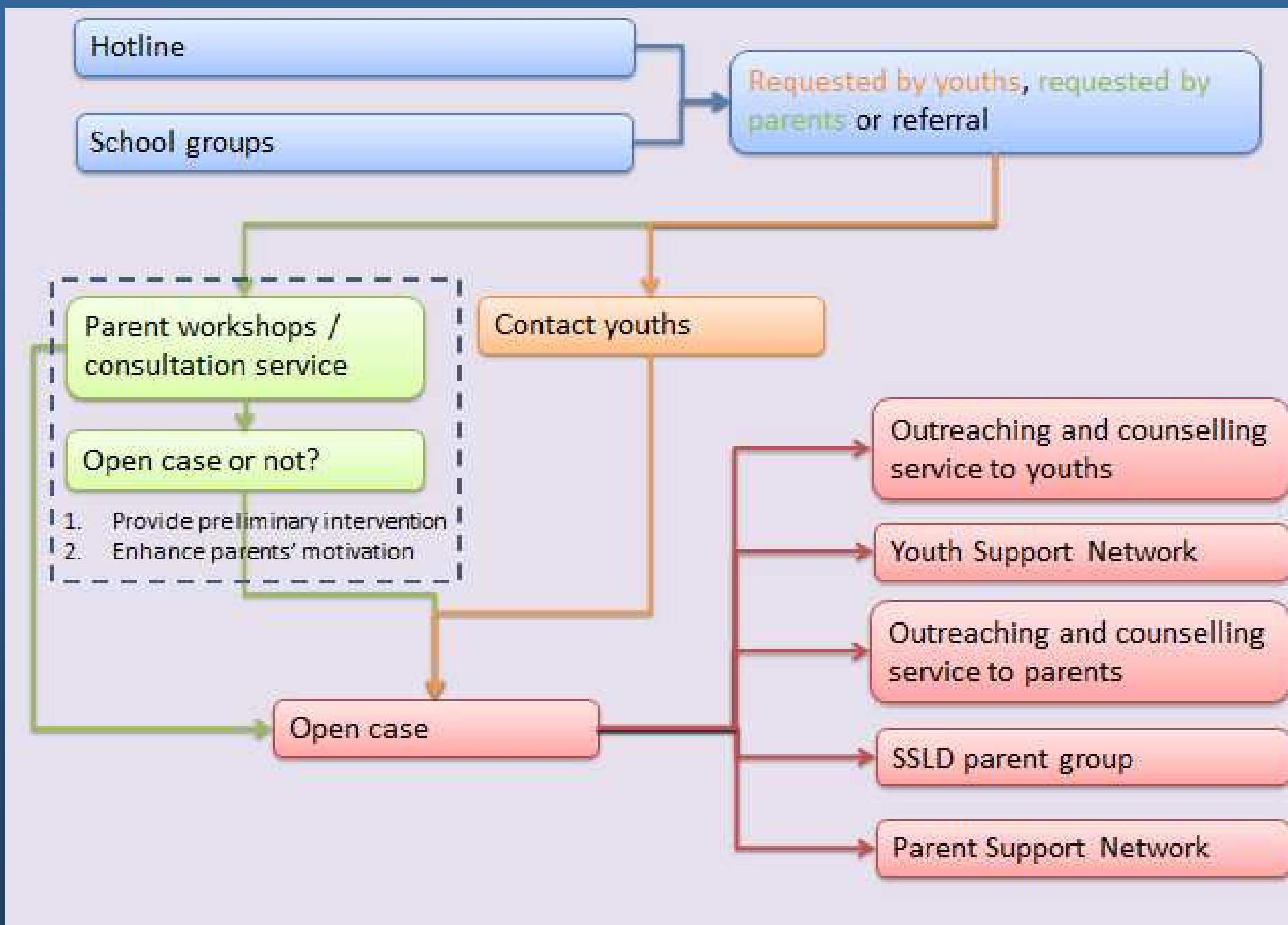
How we define Internet Addiction?

Sense of achievement

Interpersonal relationship

Leisure

Family relationship



Relationship

He is addicted. The computer is evil!

Shall I cancel the Internet or remove the computer?

Parents

I cannot help him, I have already used all methods!

Underlying needs...

Esteem

Intimacy

Achievement

Belonging Etc...

Youths

Underlying needs...

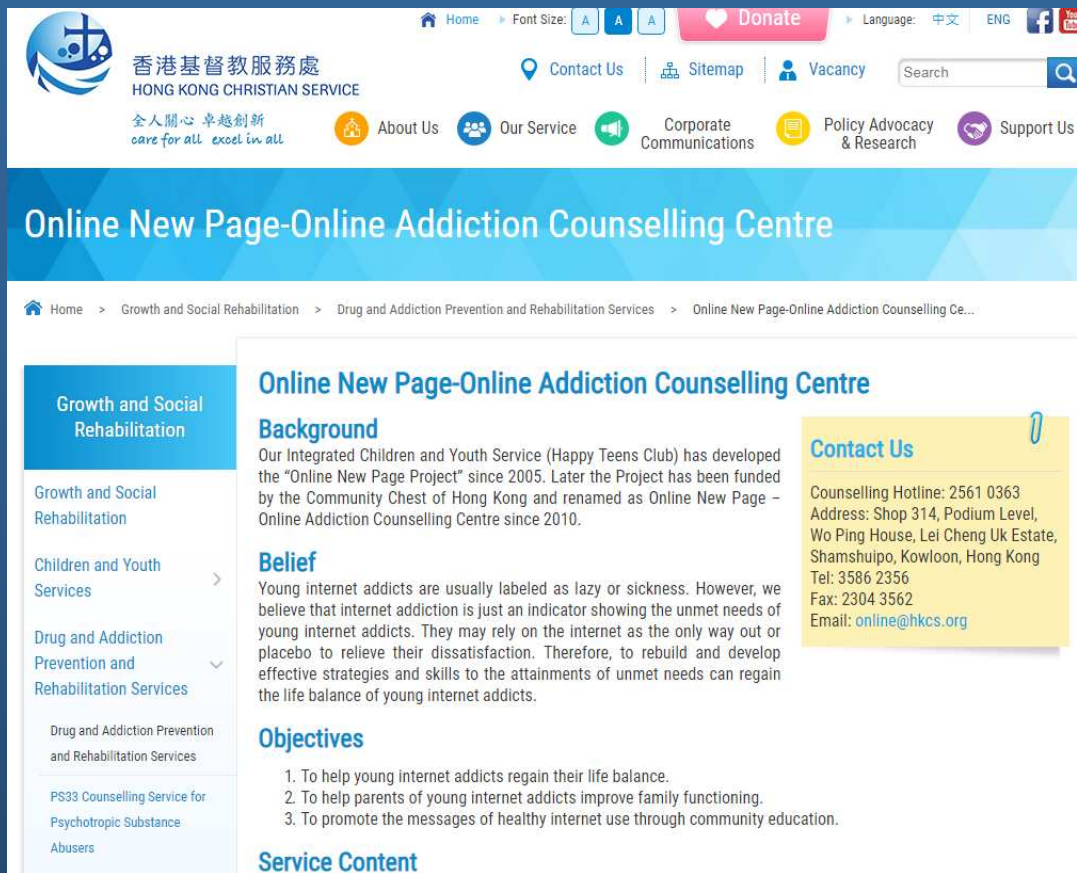
電子競技不同「打機」，也不是在手機上比併「Candy Crush」的分数。三星經濟研究所（Samsung Economic Research Institute）指只有滿足以下四個特點，才能被定義為電子競技（E-Sports）：

通過電腦，但是是人與人之間，而非人與電腦之間的對決。

比賽結果可以在限定時間內決定。

比賽同時要求選手的體力及智力。

比賽的結果由選手的的能力而非運氣所決定。



The screenshot shows the website of the Hong Kong Christian Service (HONG KONG CHRISTIAN SERVICE). The header includes the organization's logo, name in Chinese and English, and a tagline "care for all excel in all". Navigation links include Home, Contact Us, Sitemap, Vacancy, and a search bar. A secondary row of links includes About Us, Our Service, Corporate Communications, Policy Advocacy & Research, and Support Us. The main content area is titled "Online New Page-Online Addiction Counselling Centre". A left sidebar lists categories: Growth and Social Rehabilitation, Children and Youth Services, Drug and Addiction Prevention and Rehabilitation Services, and PS33 Counselling Service for Psychotropic Substance Abusers. The main content includes sections for Background, Belief, Objectives, and Service Content. A yellow contact box on the right provides the following information:

Contact Us

Counselling Hotline: 2561 0363
 Address: Shop 314, Podium Level, Wo Ping House, Lei Cheng UK Estate, Shamshuipo, Kowloon, Hong Kong
 Tel: 3586 2356
 Fax: 2304 3562
 Email: online@hkcs.org

Hotline
2561-0363

<http://www.hkcs.org/tc/services/online>

Thank you!
joetang@hkcs.org