



Hong Kong College of Paediatricians NEWSLETTER December 2003

Editors: Drs Patricia Ip, Ko Po Wan, Chris Woo, Betty Young

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Room 808, HKAM Building, 99 Wong Chuk Hang Road, Hong Kong

28718871 27851850 hkcpaed@netvigator.com

Website: <http://www.paediatrician.org.hk>

Highlights from the 12th Annual General Meeting

The 12th Annual General Meeting of the Hong Kong College of Paediatricians was held on 22nd November, 2003 at Lim Por Yen Lecture Theatre of the Hong Kong Academy of Medicine Jockey Club Building. The minutes of the 11th Annual General Meeting was adopted without amendment. The 2002/2003 Annual Report of the College was received and approved unanimously. Copies of the Annual Report will be sent to those Fellows, Members and Associate Members who did not attend the Annual General Meeting.

At the 12th Annual General Meeting, Professor Fok Tai-fai was elected unopposed as President, Professor Low Chung-kai, Louis unopposed as Vice-President, Dr. Wong Sik-nin unopposed as Honorary Secretary and Dr. Ko Wai-keung unopposed as Honorary Treasurer. Mr. Peter Mark and Mr. Walter Ma were re-appointed as our College's Honorary Legal Adviser and Honorary Auditor respectively.

Prof. Leung Nai-kong retired as President after six years of invaluable service. The College Council would like to thank him once again for his years of wholehearted contributions to the College.

The annual subscription fees for Fellows, Overseas Fellows, Members, Overseas Members and Associates will remain as HK\$1500, HK\$750, HK\$1000, HK\$500 and HK\$500 respectively.

At the Fellows Admission Ceremony that followed, the following colleagues were admitted as new Fellows of our College:

Dr. Chan Chun-wing
Dr. Chan Lik-man
Dr. Cheng Yan-wah

Dr. Chow Pak-cheong
Dr. Chow Pok-yu, Michael
Dr. Hon Kam-lun, Ellis
Dr. Hui Ning-tat, Hamilton
Dr. Patrick Ip
Dr. Kwong Kar-shun, Wilson
Dr. Mak Pui-ye, Pauline
Dr. Tong Pak-chiu
Dr. Helene Wan
Dr. Wong Kwok-wan
Dr. Wong Siu-chun, Mabel
Dr. Wu Chun-bun, Benny

Message from the President in the 12th Annual General Meeting

On behalf of the Council of Hong Kong College of Paediatricians I wish to thank you all for participating in today's Ceremony of Admission of New Fellows. My sincere congratulations go to all the new Fellows who will be admitted shortly. You have completed your training programme and passed the assessments in paediatrics. You will be eligible for the Fellowship of the Hong Kong Academy of Medicine, and for registration as specialists in paediatrics with the Medical Council of Hong Kong. The College will rely on you to uphold the standard of paediatric practice and to protect the interests of the children of Hong Kong.

Training and education remained on the top of the agenda of the College during the past year. Our College now requires all trainees to undergo six months' training in child health. I wish to thank the Director of Health and the Chief Executive of the Hospital Authority for their support in enabling our trainees to undergo training in the maternal and child health centres.

A Task Force within the College is currently studying the status of paediatric subspecialties in Hong Kong. I am therefore grateful to a College Fellow whose family, through the Providence Foundation, has made a generous donation of \$900,000 to support the College in conducting training and review of the development of paediatric subspecialties. To encourage more young doctors to join our discipline the College has recently established a prize in Paediatrics at each of the two local universities.

Every one of us here might have been distressed by the outbreak of Severe Acute Respiratory Syndrome (SARS) earlier this year. The College had to suspend all training, educational and social activities during the period of the outbreak. The Council considered that the exposure to SARS was a unique experience for all our members and hence agreed that a period of experience related to SARS of not more than six months could be counted as training in paediatrics. I wish to thank those Fellows and their families who have pledged to provide medical and psychological care to the children who have lost their parents because of SARS. I am also grateful to Mrs. Helen Yeung and her team of lady volunteers for their commitments and dedication in providing long-term emotional, psychological and social support to such children and their families.

It has been a privilege to serve you as the President in the past six years. I believe that it is because of your support and active participation that the mission of the College could be accomplished. May I take this opportunity to thank you for your valuable contributions and guidance? I wish also to express my sincere gratitude to the members of the Council, Committees and Subcommittees for their advice, dedication and counsel in guiding me to serve you and the College. I hope that you will continue to give your strong support to my successor, Professor TF Fok and his Council.

Congratulations

Our heartiest congratulations to the following associates who passed the MRCPCH/

Intermediate Examination (Part II Clinical Examination) in October 2003:

Dr. Chan Yat-tung, Eric
Dr. Chan Keung-kit
Dr. Chong Chun-yin
Dr. Hung Chi-wan
Dr. Lau Wendy Yee

Draft Guideline— Criteria for Subspecialty Accreditation

As you are well aware that our College has been looking into the accreditation of training in a paediatric subspecialty. A draft document entitled “Guidelines on the Criteria for the Accreditation of a Paediatric Subspecialty Training Programme” has been produced by Members of the Task Force for Higher Training of Paediatric Subspecialties who were appointed by Council. This draft document will be widely distributed for consultation before a final version will be adopted by the Council of our College. Fellows with an interest in this important subject can view the draft document on the College website under “Announcements from Committees” Section (<http://www.medicine.org.hk/hkcpaed/entcnews.htm>). If you have any views and comments, please direct your correspondence to Dr. CW Chan or to the College Secretariat. Your views and comments are very important and will be most helpful to the Accreditation and Education Committees in their deliberation.

Guidelines on Application of Prospective Accreditation of Higher Training Programme undertaken by Trainees in Overseas Institutions

At the last Council Meeting, it was resolved that all trainees of the College should adhere strictly

to the guidelines governing the application of prospective accreditation of Higher Training Programme undertaken by trainees in overseas institutions. Please refer to **Appendix I** for details.

CME Subcommittee

Call for submission of Annual Return Forms for the year 2003 before 15 January, 2004

As we are approaching the end of year 2003, we would like to remind all Fellows whose CME cycle year ends in December to submit, before 15 January, 2004, the following to the College:

1. Their completed Annual Return Forms for 2003;
2. Copies of Attendance Certificates of Overseas Meetings attended;
3. Copies of their Log Book entries of CME activities for the year (for Categories A, B, C, and D).

These documents can be sent by mail to the following address:

Dr Wong Sik Nin
Honorary Secretary
Hong Kong College of Paediatricians
Room 808, Hong Kong Academy of
Medicine Building
99 Wong Chuk Hang Road
Aberdeen, Hong Kong
Fax: (852) 2785 1850
Tel: (852) 2871 8871

Please note that the College Secretariat will fax you a notice of receipt after receiving your submission. If you do not get the notice within a week, your forms might not have reached the College Secretariat safely and I would advise you to call and check the status.

For your convenience, extra copies of Annual Return Forms and sections of log book for Category A, B, C and D activities can be downloaded from the College homepage, CME section.

Consultation Document on Regulation of Health Claims

The Hong Kong College of Paediatricians welcomes the Government's proposal to regulate health claims of food products in view of the rise in claims of specific beneficial health effects and misleading or exaggerated claims. We support the prohibition of claims listed in Appendix 3 of the above document, but we would further urge the Government to include in the regulation, health claims of food for infants and young children.

Regarding food for infants and young children, there are concerns related to both areas stated in the consultation document, namely, "Claims relating to body functions which may delay the public seeking proper medical advice and management" and "Exaggerated or misleading health-related claims". An example of the former includes milk formula being labelled as "hypoallergenic" when the consumption of which for an infant with true allergy to cow's milk could lead to serious health consequences. Another example is formula labelled 'Anti-reflux' promoted for the relief of 'vomiting of milk' in infants. The spitting up of milk by infants could vary from possetting, a physiological phenomenon that requires no treatment, to that of pathological vomiting, the delayed treatment of which could also be detrimental to the infant's health. As for exaggerated or misleading claims of food products for infants and young children, benefits in relation to both physical and developmental health abound.

The consultation document considers the risk of claims in relation to public health. The feeding and nutrition of infants and young children are major public health issues, the subject of numerous resolutions of the World Health Assembly (WHA) of the World Health Organization. A WHA Resolution in May 2001 affirms the recommendation of "exclusive breastfeeding for six months... and to provide safe and complementary foods, with continued breastfeeding for up to two years of age or

beyond...". This recommendation is also adopted by the Department of Health in Hong Kong. For complementary foods and feeding practices, the WHA Resolution further stressed the need of "ensuring sound and culture-specific nutrition counselling to mothers of young children, recommending the widest possible use of indigenous nutrient-rich foodstuffs...". The emphasis is therefore on breastfeeding and fresh local foods rather than expensive, processed and packaged food with various exaggerated or dubious health claims. We are not against the sale of food specially formulated for infants and young children but the use of various health claims to promote such food products to the public.

The education of the public on feeding and nutrition of infants and young children is the responsibility of healthcare professionals, and is too important to be under the influence of industries with commercial interest. Optimal infant feeding practices are the basis of child health and the health of children is the foundation of the health of a nation. The Hong Kong College of Paediatricians therefore urges that the Regulation of Health Claims to be extended to food products of infants and young children.

First Asia-Pacific Regional Adolescent Health Congress

“Towards Healthy Adolescence: Intersectoral Collaboration” Hong Kong, 2004

Organizers: Hong Kong College of Paediatricians, School of Nursing, the Hong Kong Polytechnic University and Hong Kong Paediatric Nurses Association

Date: 10 to 12 January 2004 (Saturday to Monday)

Venue: Jockey Club Auditorium, the Hong Kong Polytechnic University

CME: Cat A 3 points for half day session, Cat A 6 points for whole day session, and total 18 points for the whole programme.

Please refer to **Appendix II** for details of the programme.

Enquires: Ms. Esther Lau
Conference Secretariat
School of Nursing
The Hong Kong Polytechnic University
Hung Hom, Kowloon, Hong Kong SAR, China
Emails: hsahc@inet.polyu.edu.hk
Fax: (852) 2364 9663
Mail: School of nursing, The Hong Kong Polytechnic University, Hung Hom, Kowloon, Hong Kong SAR, China

Web link: <http://www.polyu.edu.hk/nhs/ahc>

CME Category A Activities

Listed below are CME Category A activities organized by the HKCPaed and various paediatric societies and institutions. For the complete list of Category A activities and Category B activities, please refer to the homepage of the HKCPaed.

The accuracy of the information has been checked according to the details submitted by the responsible organizers. *Members and fellows are reminded to enquire the contact person listed below for last-minute alterations.*

December 2003	
3rd Oct (Wed) CME Cat. A 2 pts	<p>Topic: 1. Lupus Nephritis 2. Case discussion</p> <p>Venue: Room 615 Block G Princess Margaret Hospital</p> <p>Time: 6:00 pm - 7:30 pm</p> <p>Speakers: 1. Dr PS Yeung 2. Dr FN Ng</p> <p>Organizer: HK Paediatric Nephrology Society</p> <p>Enquiry: Dr Lai Wai Ming, Tel: 23703466</p>
6th Dec (Sat) CME Cat A 3 pts	<p>Topic: Update Series on Child Health 2003 – Session IV 1. Recent Advances in Medical Genetics 2. Childhood Diabetes</p> <p>Venue: Ballroom, 3/F, Sheraton HK Hotel</p> <p>Time: 2:30 pm – 5:00 pm</p> <p>Speakers: 1. Dr Lam Tak Sum Stephen 2. Dr Elaine Kwan</p> <p>Organizer: HK Paediatric Society</p> <p>Enquiry: Ms Kwong, Tel: 28596421</p>
9th Dec (Tue) CME Cat A 2 pts	<p>Topic: Neurodevelopmental Conference: Developmental Coordination Disorder</p> <p>Venue: Lecture Theatre, D Block, G/F, Queen Elizabeth Hospital</p> <p>Time: 8:00 pm – 10:00 pm</p> <p>Speakers: Dr Sophelia Chan & the DCD Team, Ms Sally Choy and Winnie Hung</p> <p>Organizer: HK Society of Child Neurology & Developmental Paediatrics</p> <p>Enquiry: Dr SP Wu, Tel: 29588888</p>
13th Dec (Sat) CME Cat A 3 pts	<p>Topic: Joint Annual Scientific Meeting</p> <p>Venue: Room 2, G/F (Doctors' session) & Lecture Theatre, G/F (Nurses' session), Block M, Queen Elizabeth Hospital</p> <p>Time: 1:30 pm – 5:00 pm</p> <p>Organizer: HK Paediatric Society</p> <p>Enquiry: Dr KW Chik, Tel: 26321144</p>
18th Dec (Thu) CME Cat A 2 pts	<p>Topic: 1. Dysmetabolic Syndromes in Children 2. Clinical Approaches of Obese Children</p> <p>Venue: Room 3, G/F, Block M, Queen Elizabeth Hospital</p> <p>Time: 6:00 pm – 8:00 pm</p> <p>Speakers: 1. Prof Gary Wong 2. Dr Elaine Kwan</p> <p>Organizer: HK Society of Paediatric Endocrinology & Metabolism</p> <p>Enquiry: Dr Yu Chak Man, Tel: 25956444</p>

18th Dec (Thu)	Topic:	Education Programme for Management of Disabled Children
	Venue:	Room 01, Multicentre Block B, Pamela Youde Nethersole Eastern Hospital
	Time:	4:30 pm – 5:30 pm
CME Cat A 1pt	Organizer:	Comprehensive Paediatric Rehabilitation Centre, PYNEH
	Enquiry:	Suki Tsang, Tel: 25956860

28th Dec (Sun)	Topic:	1. The Value of Digital EEG in the Management of Epileptic Disorders 2. Delayed Developmental Milestones: Diagnosis and Management
	Venue:	Lecture Theatre, 10/F, Yu Chun Keung Memorial Medical Centre, Kwong Wah Hospital
	Time:	2:00 pm – 5:00 pm
	Speakers:	1. Dr Ho Che Shun Jackson 2. Dr Yuen Kar Ngai Robert
CME Cat A 3 pts	Organizers:	Hong Kong Medical Association & Kwong Wah Hospital
	Enquiry:	Dr Louis TC Shih, Tel: 25278285

January 2004

4th Jan (Sun)	Topic:	Scientific Meeting of Universal Antenatal HIV Testing Programme in HK
	Venue:	Hospital Hall, 8/F, Block G, Princess Margaret Hospital
	Time:	2:00 pm – 5:15 pm
	Speakers:	Drs Lo Wing Lok, Lee Shui Shan, Ho King Man, Chan Kam Tim, Lau Yu Lung, Homer Tso
	Organizers:	HKMA, HK College of Obstetricians & Gynaecologists, The Obstetrical & Gynaecological Society of HK, Department of Paediatrics HKU
CME Cat A 3 pts	Enquiry:	Ms. Dorothy Kwok, Tel: 28611979

10th-12th Jan (Sat-Mon)	Topic:	Towards Healthy Adolescence: Intersectoral Collaboration
	Venue:	Jockey Club Auditorium, The HK Polytechnic University
	Organizers:	HK College of Paediatricians; The International Association for the Adolescent Health; School of Nursing, The HK Polytechnic University; HK Paediatric Nurses Association
CME Cat A Max 18 pts	Enquiry:	Dr. Mak Wang Cheong, Tel: 22080111

15th Jan (Thu)	Topic:	Meeting of Inborn Error of Metabolism – Kowloon West Clusters
	Venue:	Room 10, 2/F, Block G, Princess Margaret Hospital
	Time:	3:30 pm – 5:00 pm
	Organizer:	Departments of Paediatrics & Pathology, PMH; Clinical Genetics Services
CME Cat A 2 pts	Enquiry:	Dr Lee Shing Yan, Tel: 29901111

Guidelines on Application of Prospective Accreditation of Higher Training Programme undertaken by Trainees in Overseas Institutions

The trainees who wish to undergo higher training in overseas institutions should apply prospectively to the Accreditation Committee at least 3 months before the commencement of overseas training.

Trainees must supply the following documents and information to the Accreditation Committee for prospective approval 3 months before commencement of overseas training:

- i) Application letter for prospective approval;
- ii) Period of overseas training and duration;
- iii) Subspecialty, Institution/ Training Centre, Country;
- iv) Name of supervisor;
- v) Institution information : background of the institution and institution accreditation status (whether it is a locally accredited training centre for the paediatric subspecialty);
- vi) Preliminary Training Programme (activities involved);
- vii) Undertaking by applicant on the status of the institution that it is a locally accredited training centre for the paediatric subspecialty;
- viii) Acceptance letter from overseas training center;
- ix) Recommendation letter by local training supervisor/ COS;

Applications will not be processed unless all required documents are submitted with preliminary approval by the COS/training supervisor. All overseas higher training applications will be acknowledged and outstanding information will be requested. The Accreditation Committee accepts that all the necessary information and documentation required may not be available before commencement of overseas training. If the trainee responds by giving a valid reason why such documentation is not available and undertakes to provide the outstanding information and documentation within three months upon return from training overseas, this would be acceptable to the Committee. A preliminary approval by the Honorary Secretary of the Accreditation Committee will be issued after the application has been approved by the Accreditation Committee.

Unless a valid reason is provided for a trainee's inability to provide the necessary documentation prior to commencement of overseas training, submission of the necessary documentation upon completion of overseas training for accreditation will be treated as retrospective accreditation subjected to an administrative charge of HK\$2,000.00. This regulation will be strictly enforced with effect from the 1 January 2004.

The trainee should submit the following information within 3 months upon return from training to the Accreditation Committee for final approval of his higher training at the overseas institution:

- i) Application letter for final approval;
- ii) Training report by the applicant, including the finalized full training programme and duty roster
- iii) Training summary and log sheet, duly signed by the overseas supervisor;
- iv) Summary of project and/or publication achieved during the training period;
- v) Declaration by trainee that the information submitted is true and accurate;
- vi) Local supervisor's evaluation together with recommendations towards accreditation.

The Committee reserves the right to write to the supervisor abroad directly for additional information. If all the criteria as required by the Accreditation Committee are satisfied, a letter of accreditation will be issued to the trainee as official approval of his higher training at the overseas institution.

**First Asia-Pacific Regional Adolescent Health Congress
Towards Healthy Adolescence: Intersectoral Collaboration**

Scientific Programme

	10 January 2004 Saturday	11 January 2004 Sunday	12 January 2004 Monday
0800	0800 Registration	0830 Keynote Address: WHO's perspective	0830 Keynote Address: Adolescent Health
0900	0900 Opening Ceremony & Welcoming Speech	0900 Plenary Session: Family & Mental Health	0900 Plenary Session: Youth at Risk
	0945 Keynote Address: Intersectoral collaboration		
1000	1015 Tea Break		
	1045 Plenary Session: Adolescent Development	1030 Tea Break	1030 Tea Break
1100		1100 Workshop / Symposiums	1100 Workshop / Symposiums
		<i>Session A: The Internet and the Adolescent</i>	<i>Session E: Guidance & Counselling</i>
	1215	<i>Session B: Depression & Suicide</i>	<i>Session F: Sexual Health</i>
1200		<i>Session C: HIV</i>	<i>Session G: Substance Use</i>
	1230 Lunch	1230 Lunch	1230 Lunch
1300			
	1400 Keynote Address: Youth Service Delivery	1400 Keynote Address: Disordered Eating	1400 Symposium : Working Together
1400	1430 Plenary Session: Creative adolescent programmes	1430 Keynote Address: Adolescent Stress/Self-image	
1500		1500 Tea Break	
	1600 Tea Break	1530 Concurrent Session: - Free paper presentation - Youth Forum: How can youth help themselves?	1600 Award Presentation & Closing Ceremony
1600	1630 Concurrent Session: - Free paper presentation - Youth Forum: Access to service		1630
1700	1800	1730	
1800			
1900	1830 Conference Dinner (Optional)		
2000			
2100			
2200		2200	