

April 2005

**Hong Kong College of Paediatricians  
Newsletter**

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## Message from the Editors

The Hong Kong College of Paediatricians Foundation recently visited Kunming 昆明 and Yunnan 雲南. In this issue of the newsletter, Dr. Vincent Leung, chairman of HKCPF gave us an account of this meaningful and enjoyable visit.

The use of the newer antidepressants in children and adolescents has aroused public interests recently because of possible increased suicidal behaviours and ideas among those receiving these new medications. In response to such concerns, the Hong Kong College of Psychiatrists have appointed a Working Group to review the efficacy and risk of the newer antidepressants. Our College has received the recommendations of the Working Group, which is attached with this newsletter for your reference ([Appendix 1](#)).

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## Congratulations

1) The following Members passed the Exit Assessment and were recommended for elevation to Fellowship and nomination for Academy Fellowship:

1. Dr CHEUNG Wai Yin, Eddie
2. Dr LAU Kit Yu
3. Dr LO Fung Cheung, Amy
4. Dr SO Kit Wing, William

2) The following Associates were recommended and approved for elevation to Membership:

1. Dr CHAN Tang Tat
2. Dr MA Yee Man
3. Dr TANG Sau Shek, Oliver
4. Dr WONG Suet Na

Our sincere congratulations to them.

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## Announcement from Accreditation Committee

Chiefs of Service, Training Supervisors and Trainees are again reminded that with effect from 1 July 2005, all applications for Membership by a trainee must be accompanied by a Certificate of attendance and successful completion of the assessment of the Paediatric Advanced Life Support (PALS) Course or its equivalent.

Please also be reminded that all Associates entering into Basic Paediatric Training on or after 1 July 2003 (and hence completing their 3-year Basic Training in June 2006) are required to have 6 months mandatory training in an accredited Maternity and Child Health Clinic cluster.

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## Announcement from Examination Committee

Dates of Examination in 2005

(1) MRCPCH Part IA & IB Examination:

10 May 2005

6 September 2005

(2) MRCPCH Part II Examination:

20 April 2005

23 August 2005

13 December 2005

(3) MRCPCH Clinical Examination:

1 November – 2 November 2005

(4) DCH Clinical Examination:

3 November – 4 November 2005

(5) Exit Assessment:

14 June 2005

15 December 2005

### Revised Guidelines on Exit Assessment

With effect from 1 December 2007 and thereafter, ALL higher trainees sitting for the Exit Assessment should adhere to the Revised Guidelines on Exit Assessment (dated October 2004). During the interim period between 1 December 2004 to 30 November 2007, higher trainees can adhere to EITHER the current guidelines OR the revised guidelines. Please take note that the major amendments in the revised guidelines are on Section A (1) on "Dissertations" and the corresponding Section C (4) on the marking of dissertations. The revised Guidelines are also posted on our College webpage ([www.paediatrician.org.hk](http://www.paediatrician.org.hk)) for reference.

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## Announcement from Paediatricians Foundation

### Recruitment of Hon. Medical Advisors for Youth Outreach

An appeal by the chairman of the HKCPF, Dr. Vincent Leung is made to fellows of HKCPF with special interest in adolescent health to act as Hon. medical advisors to Youth Outreach which is an Association looking after adolescents at the verge of delinquency. Fellows would be expected to give advice to the staff of Youth Outreach when they encounter problems in health issues of their clients. Those fellows who are interested please submit your name, daytime contact phone number to: Ms Christine Leung, secretariat of HKCPF at Tel: 28718871 / Fax: 27851850

**Trip to Kunming – Hong Kong College of Paediatricians Foundation** The Hong Kong College of Paediatricians Foundation made a fact-finding and professional exchange visit to Kunming 昆明, Yunnan 雲南 from 24th to 29th March 2005. A team of 13 paediatricians led by Dr. Vincent Leung, the Chairman of the Foundation and Professor TF Fok, the College President had fruitful and frank exchanges with the officials of the Yunnan Provincial Government, the Kunming Health Bureau and the Maternal and Child Health Services. We also visited the Kunming Children's Hospital, the only hospital for children in the whole of Yunnan province and the medical institutions in a poor county named Xundian 尋甸, where the inhabitants were mainly of the Hui 回 and Yi 彝 ethnic groups. At Xundian we visited a county general hospital and a maternal and child hospital, a rural hospital and a village medical station. We were accompanied by the Director of Maternal and Child Health Services of Kunming throughout our visit.

The various officials gave us frank and sincere descriptions of the health and problems facing the children of Yunnan. With an area of 4300 sq. km. and 94% mountainous terrain, the delivery of child health was not an easy task. Primary care was provided by the 1600 village doctors who received 3 years of healthcare training after their junior high school. Most villagers could not

by the 1000 village doctors who received 3 years of healthcare training after their junior high school. Most villagers could not afford to have medical care or childbirth even in the rural hospitals. Among the health issues, the major ones were

1. High mortality rates in infants and children
2. Prevalence of nutritional deficiencies, such as anaemia and rickets
3. Poor resuscitation facilities and inadequate equipments in the county hospital and village health stations
4. Inadequate learning and training opportunities for doctors working in the county and villages

After discussions with the local health authorities we considered that our Foundation could contribute to improve the health of the children there by offering

1. Life saving and other necessary equipments
2. Survey of growth, anaemia and nutritional deficiencies
3. Nutritional supplements such as vitamins and iron
4. Training materials and tools
5. Training programme for doctors working in the county and villages

Our Foundation immediately donated a resuscitation set with a foot-pump aspirator to the rural hospital. Our spouses distributed toothbrushes, stationery sets and toys to the children in the hospitals. We plan to start a full programme of support to the county of Xundian later this year and then gradually extend it to other poor counties in the future. As this is a long-term commitment I appeal to all Fellows, Members and Associates for your support of this meaningful project.

During the six-days tour we together with our family members also had the opportunity of visiting the scenic areas of Yunnan such as Stone Forest 石林 and Nine Villages National Park 九鄉 with its impressive river gorges, deep caverns and waterfalls, and we all had an enjoyable time in learning the Yunnan culture and sampling the local tea and cuisine.

Our visit to Kunming has been most rewarding in that we were warmly received by the officials at all levels and they were sincere and forthcoming in their account of the children's health and problems. By having an official contact with the Provincial Government we are able to lay down the groundwork for our future missions.

Lastly, I would like to thank everyone in the team for taking their time and expenses to join me in this memorable trip.

Dr. Vincent T. C. Leung

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## Announcement from CME Subcommittee

1. All Fellows' Attention: You have 0 CME points on 1 January 2005

From 1 January 2005, all Fellows' CME cycles have been synchronized and all Fellows have to start their 3-year cycle from the very first day of year 2005. In other words, Fellows whose previous CME cycles started in 2003 or 2004 are now starting a new cycle from 2005 and whatever points they had accumulated by the end of year 2004 will not have any effect on the new CME cycle.

2. Losing/Forgetting your Records of CME Activities? - Fellows should get to know the MLMS

Fellows are required to fill in their Annual Return Form to report their CME activities at the end of each calendar year. Ever have the experience of forgetting or losing your records when you have to fill in the ARF? The Membership & Learning Management System (MLMS) provided by the HKAM is a helpful backup. Thanks to the College Secretaries, Categories A and B activities in which Fellows have signed in are logged into the MLMS when the activity organizers return the attendance sheet. For other occasions, Fellows can submit their pre-approved CME activities via the MLMS and CME points will be added after the activities are verified. Here is the website: [www.mlms.org.hk](http://www.mlms.org.hk).

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## Discount on Books

Just a reminder that McBarron Book Company agrees on providing discount to our members and fellows on book purchase. Normally doctors would enjoy a 10% discount, college members or fellows would get an extra 2.5% off the original price. Depending on the number of books purchased, further discount may be possible. Individuals need to identify your status under HKCPaed by providing his / her name and membership / fellowship number for future verification. If you are interested in a particular book(s), please contact Ms Alice Lee from McBarron Book Company, Tel no. 27823210/ 90348662.

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## CME Category A Activities

Listed below are CME Category A activities organized by the HKCPaed and various paediatric societies and institutions. For the

Listed below are CME Category A activities organized by the HKCPaed and various paediatric societies and institutions. For the complete list of Category A activities, including continuous courses, and Category B activities, please refer to the homepage of the HKCPaed.

The accuracy of the information has been checked according to the details submitted by the responsible organizers. Members and fellows are reminded to enquire the contact person listed below for last-minute alterations.

**Abbreviations:** KWH, Kwong Wah Hospital; PWH, Prince of Wales Hospital; PYNEH, Pamela Youde Nethersole Eastern Hospital; QEH, Queen Elizabeth Hospital; QMH, Queen Mary Hospital

April 2005			
25th-28th April  (Mon-Thu)	Topic:  Venue:  Speakers:	Griffith Mental Development Scales Training Course  Children's Habilitation Institute, the Duchess of Kent Children's Hospital at Sandy Bay  Dr Winnie Goh, Ms Connie Leung	
CME Cat. A	Organizer:	Department of Paediatrics & Adolescent Medicine, the University of Hong Kong	
Max 18 pts	Enquiry:	Ms Joyce Tsang, Tel: 29740277	
28 th April (Thu)	Topic:  Venue: Time: Speakers:	An unusual cause of growth failure A 2-year-old girl with adrenocortical carcinoma  Lecture Theatre, Block M, G/F, QEH 6:00 pm – 7:30 pm Dr Mo Kit Wah Dr Cheng Wai Fun Anna	
CME Cat. A	Organizer:	HK Society of Paediatric Endocrinology & Metabolism	
2 pts	Enquiry:	Dr Lee Ching Yin, Tel: 34087911	
28th April  (Thu)	Topic:  Venue:  Time: Speakers:	Launch on revised Griffiths Mental Developmental Scales (0-8 years)  3/F, Lecture Hall, Li Ka Shing Physiotherapy Building, the Duchess of Kent Children's Hospital at Sandy Bay  2:00 pm – 5:00 pm Dr Winnie Goh; Dr Patrick Ip; Ms Connie Leung	
Cat. A	Organizer:	Department of Paediatrics & Adolescent Medicine, the University of Hong Kong	
3 pts	Enquiry:	Ms Joyce Tsang, Tel: 29740277	
28th April  (Thu)	Topic:  Venue:  Time:	Education programme for management of disabled children  Child and Youth Health Link, Ward D6, Main Block, PYNEH  4:30 pm – 5:30 pm	
CME Cat. A	Organizer:	Comprehensive Paediatric Rehabilitation Centre, PYNEH	
1 pt	Enquiry:	Ms Lai Pui Shan, Tel: 25956860	

May 2005

12th May      Topic:      Investigations and current treatment for the short child: when and how?  
  
(Thu)      Venue:      Pearl Room, Eaton Hotel, 2/F, Kowloon  
  
Time:      2:00 pm – 3:00 pm  
Speaker:    Prof Gary Wong  
  
CME Cat. A    Organizer:    HK Society of Paediatric Endocrinology & Metabolism  
  
1 pt      Enquiry:      Ms Irene Leung, Tel: 90412778

June 2005

14th June      Topic:      PYNEH & Stanford University School of Medicine Medical  
Teleconference Programme – Topics in Neonatology  
  
(Tue)      Venue:      Lecture Theatre, Multicentre Block B, PYNEH  
  
Time:      7:30 am – 8:30 am  
  
Cat. A      Organizer:    Department of Paediatrics & Adolescent Medicine, PYNEH  
  
2 pts      Enquiry:      Ms Suki Tsang, Tel: 25956860

29th June      Topic:      A new treatment for a newborn with respiratory distress  
  
(Wed)      Venue:      Seminar Room, 1/F, Nursing Quarters, Kwong Wah Hospital  
  
Time:      6:30 pm – 8:00 pm  
Speaker:    Dr Siu Luen Yee  
  
CME Cat. A    Organizer:    HK Society of Paediatric Respiriology  
  
2 pts      Enquiry:      Dr TY Miu, Tel: 29586656

30th June      Topic:      Education programme for management of disabled children  
  
(Thu)      Venue:      Child and Youth Health Link, Ward D6, Main Block, PYNEH  
  
Time:      4:30 pm – 5:30 pm  
  
CME Cat. A    Organizer:    Comprehensive Paediatric Rehabilitation Centre, PYNEH  
  
1 pt      Enquiry:      Ms Lai Pui Shan, Tel: 25956860

**HONG KONG COLLEGE OF PAEDIATRICIANS**  
**2005 Paediatric Update No. 1**

**Evidence Based Medicine**

## EVIDENCE-BASED MEDICINE

**Date:** SUNDAY, 22 MAY 2005  
**Time:** 2:00 pm - 5:00 pm  
**Venue:** Hospital Authority Head Office M floor Lecture Theatre  
**Chairperson:** Prof Tony Nelson  
Dr Cheng Chun Fai  
**Programme:** 2:00 – 2:30 p.m.  
**Introduction to Evidence-Based Medicine**  
Prof TANG Jin Ling  
Director, The Chinese Cochrane Centre Hong Kong Branch  
Peking University Centre for Evidence Based Medicine,  
School of Public Health, Faculty of Medicine, CUHK  
  
2:30-3:00 p.m.  
**Assessing Systemic Reviews**  
Prof TANG Jin Ling  
Director, The Chinese Cochrane Centre Hong Kong Branch  
Peking University Centre for Evidence Based Medicine,  
School of Public Health, Faculty of Medicine, CUHK  
  
3:00 – 3:30 p.m.  
**Tea Break**  
  
3:30 – 4:00 p.m.  
**Introduction to Decision Analysis**  
Dr HO Anthony  
Professor, Department of Anaesthesia and Intensive Care  
Prince of Wales Hospital, CUHK  
  
4:00 – 4:30 p.m.  
**Evidence-Based Medicine for the Busy Practitioner**  
Dr SO King Woon Alan  
SMO, Department of Paediatrics  
Prince of Wales Hospital  
  
4:30 – 5:00 p.m.  
**Discussion**

CME Credit:  
Hong Kong College of Paediatricians:  
3 points (Category A)

Parking: Available by arrangement\*  
Light Refreshments will be served.

### All are welcome

\* Please reserve parking with College Secretariat at Fax 27851850 through Unit or Study Group Coordinators not later than 17 May 2005.

Fellows in private practice not belonging to study groups may fax request to College Secretariat at 27851850 for group booking.

Individual Fellows may also register for parking online at "Special Announcement" section of College Website: [www.paediatrician.org.hk](http://www.paediatrician.org.hk), or access the booking form directly at: <http://www.medicine.org.hk/hkcpaed/regform.htm>.

Cancellation Policy: Seminars will be cancelled when

- HK Observatory has announced that Typhoon signal No. 8 is going to be hoisted.
- HK Observatory has issued Black Rainstorm Warning.

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# Appendix I

