

Hong Kong College of Paediatricians NEWSLETTER Jun 2020

Editors: Drs. Ho Hok Kung Marco, Leung Cheuk Wa Wilfred and Soo Man Ting David

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Room 801, HKAM Jockey Club Building, 99 Wong Chuk Hang Road, Hong Kong

2871 8871 ≥ 2785 1850 ■ enquiry@paediatrician.org.hk

Website: http://www.paediatrician.org.hk

Message from the Editors

Over the past few months, more than six million people are infected with COVID-19 worldwide. Locally, the number of new cases appears to have dropped. Many of us are preparing to live with this disease and starting to talk about "the new normal". For health professionals, this may mean new online meetings and platforms for sharing knowledge, as well as new professional examination formats. In this newsletter, you will find important updates and useful guidance on educational activities that have taken a new form under the pandemic.

The President's Message

Dear Colleagues,

I hope we are all keeping well and safe. The COVID-19 situation in Hong Kong hopefully is stabilising, but complacency would be too early when massive outbreaks are taking hold in South America and still prevalent in many American and European countries. I do not need to re-emphasize its ominous impacts on the global socio-economic developments on top of the grief and sadness of millions who have lost their loved ones. The heavy burden on healthcare service has not in the least diminished and we have to fight on. With step-wise school resumption in the coming 3 weeks, we paediatricians shall certainly stay alert of further evolutions of the outbreak.

Amid the COVID-19 pandemic, work goes on. All paediatricians maintain their selfless services throughout the city. College functions have been fully maintained and thanks go to our College secretaries. Since February, the Council and all the Committees, making use of the online platforms, have not skipped any of their regular meetings. I believe many of our Fellows have also capitalised on the online academic meetings. There have been more than a dozen College CME accredited events conducted to date whereby more than 100, even up to 160+ participants per session were recorded. I have to deeply thank Prof TF Leung, Vice President and Chairman of the Education Committee, for his remarkable devotion in expediently collaborating with various paediatric subspecialty societies in providing all Fellows the access to their educational activities, for which I also greatly thank the Presidents and Councils of all the subspecialty societies. The ChildSim Centre at the Hong Kong Children's Hospital led by Dr Bill Chan marked another milestone in extending the invitation to a series of interesting and enriching talks to College members outside of the Hospital Authority. An ingenious method of accurately capturing and efficiently recording attendance was acquired from the ChildSim team. Dr James Wesley Cheng taught our College secretaries the clever ways to set up the Google Form/ URL links; our secretaries send out blast emails every one to two weeks to announce the upcoming CME events. Behind all these excitements, there are lots of hardworking College members and staff. The result is important - a fervent and passionate, shared sense of keeping our professional knowledge abreast of new medical advances and holding our paediatric community as close together as always.

Jointly, College and HK Society of Paediatric Immunology, Allergy and Infectious Diseases (HKSPIAID) published an updated "Recommendations to parents for prevention of COVID-19 infection" in Chinese, English and Tagalog (appreciation goes to Dr Phoebe Mak and her helper) on 19 April 2020. This has been uploaded in both College and Academy websites for handy reference.

Training-wise, the College Council has approved the setting up of clustered models of subspecialty training and subspecialty training modules to suit the needs of training centres if there is a concern of the required number of trainers per centre and to maximise the training exposures of trainees to special skills or highly subspecialised areas. A subspecialty trainer can also supervise one subspecialty trainee and one general paediatrics trainee (either Basic or Higher) concurrently.

The Young Fellows Chapter (YFC) of the Academy has conducted a survey on the mental well being of young Fellows (within 10 years of Fellowship) and trainees in the early and mid-career in December 2019. A preliminary report was presented at a recent Academy Council Meeting. Out of the 500+ responses, some 60+ were from our College Fellows/ trainees, the second largest College group of respondents. Generally the young doctors had higher stresses than their overseas counterparts; there were very significant burnout symptoms. The biggest three sources of stresses were clinical duties, patient workload and professional examinations. We await a more detailed analysis of the survey results. However, we should all prepare to draw up effective support measures and urgently address the working life of our young doctors. Please stay tuned to a formal report of the survey.

Because of the COVID-19 outbreak, the 2020 Paediatric Update No. 1 will be deferred until summer. However, the College Extraordinary General Meeting will be held as usual, and is scheduled on **5 June 2020 (Friday)**. For details, please refer to the announcement in the Newsletter. I do earnestly look forward to meeting as many of you as possible then. Thank you.

Yours sincerely, Winnie

Extraordinary General Meeting (EGM)

An Extra-Ordinary General Meeting (EGM) will be held on **5 June 2020** (**Friday**) at 6:15 pm in Seminar Room 2, Ground Floor, M Block of Queen Elizabeth Hospital.

The Council hopes that at this EGM:

- 1. The successful candidates of the December 2019 Exit Assessment, whose names are set out in the Appendix to the Notice, will, by your Ordinary Resolution, be admitted as new Fellows.
- 2. The amendments to the Articles of Association which are initiated by the Council be vetted.

Please do come to the EGM to show your support. It is necessary to have at least 15 Fellows physically present in order to constitute a quorum.

Announcement from Committee for Subspecialty Boards

We would like to take this opportunity to congratulate Dr Chow Chit-kwong, who has successfully met all the requirements of our College for the subspecialty of Paediatric Neurology (PN). He was endorsed by our College as Board-certified in Paediatric Neurology (PN) on 26 May 2020 at the 186th Council Meeting.

The Proposed Subspecialty of Paediatric Haematology & Oncology (PHO)

To All Fellows, Members and Associates of the Hong Kong College of Paediatricians

Please read this IMPORTANT announcement about the application for accreditation of the proposed Subspecialty of Paediatric Haematology & Oncology (PHO).

As you are no doubt aware, our College is responsible for ensuring the standards and progress of paediatric subspecialty development in Hong Kong. In order to ensure that we maintain the highest standards possible for any subspecialty accredited by our College, we strictly follow all pre-requisite criteria set by the Hong Kong Academy of Medicine and our College. The relevant application procedures are available on our College's website (http://www.paediatrician.org.hk) under the section on "Subspecialties". So far, six paediatric subspecialty groups have applied for accreditation and have become accredited subspecialties under our College, i.e., Paediatric Immunology and Infectious Diseases (PIID), Developmental-Behavioural Paediatrics (DBP), Paediatric Neurology (PN), Paediatric Respiratory Medicine (PRM), Genetics and Genomics (Paediatrics) [GGP], and Paediatric Endocrinology (PE).

We now announce that our College has received an application for accreditation of the proposed Subspecialty of Paediatric Haematology & Oncology (PHO). In order to facilitate open consultation on the accreditation of PHO as a paediatric subspecialty, our College has uploaded the application documents (i.e., application forms, proposed training programme, and supporting letters from external referees) to our College website for your information and review. Please follow the link below to access the section on the proposed Subspecialty of Paediatric Haematology & Oncology (PHO):

http://www.paediatrician.org.hk/index.php?option=com_content&view=article&id=277&Itemid=130

A full set of the documents is also kept at the College Secretariat at Room 801, Hong Kong Academy of Medicine Jockey Club Building and interested Fellows can request to examine them during office hours from Monday to Friday.

As part of the open consultation process, ALL Fellows, Members and Associates are encouraged to send us any comments on this application. This is an important step in the future development of paediatric services and may substantially affect current paediatric practice and services in both private and public sectors throughout Hong Kong.

Please send in your comments on this application on or before 21 August 2020 (Friday). Our College will determine whether to proceed with the formal accreditation process based on the initial evaluation by the Committee for Subspecialty Boards and any comments from this open consultation process.

Dr Simon Lam Honorary Secretary Committee for Subspecialty Boards

Education Committee

Further to the announcement in our April newsletter, we believe all of you have received regular blast emails every 1-2 weeks with updated list of online Cat A CME activities. Hope you have an opportunity to attend some interesting sessions via the Zoom platform.

Regarding your attendance at these online activities, you may notice that different organizers adopted different approaches. To save you the trouble, we suggest that you format your Zoom user name by including your **full name** and **College Fellowship number** so that the organizers can gather such information for recording CME attendance.

Our College is going to standardize the method of recording your identity using the **Google Form**. You will need to scan a QR code (or click URL link) displayed on screen at the end of the CME sessions. You will then be directed to an online Google Form on which you can enter your CME-related particulars and submit it to the organizers. We have prepared some screen caps on steps to record your CME attendance as well as frequently asked questions (FAQs) in the **Appendix I & II**.

Lastly, we would like to remind you about the *CME/CPD guideline for the 2020-2022 cycle* at this link (an extract is available in **Appendix III**): http://www.paediatrician.org.hk/index.php?option=com_docman&task=doc_view&gid=1810&Itemid=66,

Hope all of you will have more learning opportunities with this new online CME option. You are welcome to send us any comment or suggestion.

Ting-Fan LEUNG
Chairman of Education Committee

Young Fellows Subcommittee

Please refer to Appendix IV and vote on the final design of car badges and pins for our College!

CME Category A Activities

Listed below are CME Category A activities organized by the HKCPaed, various paediatric societies and institutions, and selected paediatrics-focused topics. For the complete list of Category A activities, including continuous courses, and Category B activities, please refer to the homepage of the HKCPaed. The accuracy of the information has been checked according to the details submitted by the responsible organizers. The information below is abstracted from the College Web site on 3 June 2020. Members and fellows are reminded to contact the enquiries listed below for last-minute alternations.

June 2020		
4 June	Topic:	Childhood Anxiety Disorder
	Venue:	V Cuisine, 6/F, Holiday Inn Express Hong Kong
		Kowloon East, 3 Tong Tak Street, Tseung Kwan O
	Time:	13:00 To 15:00
	Speaker:	Dr. Lin Hoi Yun, Candy
Cat. A	Organizer:	HKMA - Kowloon East Community Network
1	Coordinator	Ms. Antonia Lee

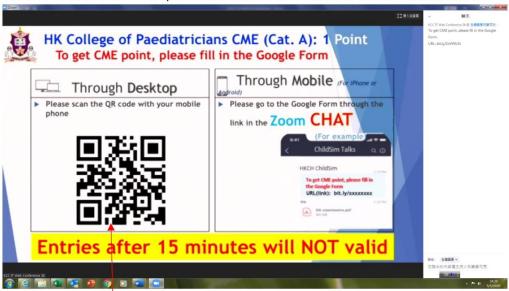
	Enquiry:	Tel: 2527 8285; Fax: 2865 0943
0.1	T	
8 June	Topic:	Annual Scientific Meeting - Advances in multi-
		disciplinary management of haemangiomas and
	***	vascular malformations
	Venue:	Lecture Rooms 3 & 4, 1/F, Tower A, Hong Kong
		Children's Hospital /ZOOM - ID: 970 3636 9651/ pw: 020497 /
		https://hku.zoom.us/j/97036369651?pwd=cWxNcTB3
		MiRkOFBWbTgzTlR0RDcxQT09
	Time:	17:00 to 19:00
	Speaker:	Prof Godfrey Chan / Dr David Luk / Dr Michael Leung
Cat. A	Organizer:	Hong Kong Paediatric Haematology & Oncology
2 points		Study Group
	Coordinator	Dr Wilson Chan
	Enquiry:	Tel: 6281 2871
16 June	Topic:	Update in management of acute gastroenteritis in
10 June	Topic.	children (Online)
	Venue:	Zoom and Facebook
	Time:	14:00 to 15:00
	Speaker:	Dr. Lee Cheuk Hon
Cat. A	Organizer:	Hong Kong Doctors Union
1 point	Coordinator	Ms Katie Yiu
	Enquiry:	Email: hkdumail@gmail.com Tel: 2388 2728 Fax:
		2385 5275
	_	
18 June	Topic:	A Baby with Neonatal Seizure: The Unfolding Story"
İ	Venue:	M Ground Room 3, Queen Elizabeth Hospital or may
	TT:	consider via Zoom meeting
	Time:	18:30 to 19:30
C 4 A	Speaker:	Dr. Shuk Mui Tai
Cat. A	Organizer:	Paediatric Neurology Association of Hong Kong
1 point	Coordinator	(PNAHK) Dr Eva Fung
	Enquiry:	N/A
	Liiquii y.	14/11
24 June	Topic:	HKSPIAID Monthly Clinical Meeting
	Venue:	ZOOM - ID: 924 189 857; pw: 056661 /
		https://cuhk.zoom.us/j/924189857?pwd=ZnVIT1Bqdz
		R0MjBBa1NDL0tQQUhXdz09
	Time:	18:00 to 19:00
	Speaker:	-
Cat. A 1	Organizer:	Hong Kong Society for Paediatric Immunology
point		Allergy and Infectious Diseases (HKSPIAID)
	Coordinator	-
	Enquiry:	-
24 1	T	D. 1: 40: - Commerce D:
24 June	Topic:	Pediatric Graves' Disease
	Venue:	ZOOM - Webinar ID: 977-5535-1287
		Password: 603365 / https://zoom.us/j/97755351287

	Time:	13:15 To 14:15
	Speaker:	Dr. Elaine KWAN
Cat. A 1	Organizer:	Hong Kong Children's Hospital Simulation Training
point	organizer.	Centre
F	Coordinator:	Ms. Mandy Ip
	Enquiry:	Email: iym554@ha.org.hk; Tel: 5741 3126
	1 7	
July 2020		
8 July	Topic:	Recent Advances in the Management of Haemophilia
J	Venue:	ZOOM - Webinar ID: 943 5966 2022/ Password:
		551548 / https://zoom.us/j/94359662022
	Time:	13:30 to 14:00
	Speaker:	Prof C K Li
Cat. A 1	Organizer:	Hong Kong Children's Hospital
	Coordinator:	Ms. Mandy Ip
	Enquiry:	Email: iym554@ha.org.hk; Tel: 5741 3126
8 July	Topic:	Evening Symposium: Your treatment of choice to be at
		the forefront of response
	Venue:	Studios 1 & 2, 7/F, W Hong Kong, 1 Austin Road
		West
	Time:	19:15 To 20:45
	Speaker:	Dr. Anthony Mills
Cat. A 2	Organizer:	Hong Kong Paediatric Haematology & Oncology
		Study Group
	Coordinator:	-
	Enquiry:	Tel: 3568 8706; Email: revolade@omnipres.com
17 July	Topic:	Early Intervention for Autism How Effective? Future
		Directions?
	Venue:	ZOOM - Webinar ID: 922 9575 7945
		Password: 874131 / https://zoom.us/j/92295757945
	Time:	13:15 to 14:15
	Speaker:	Ms. Nancy TSANG & Ms. Alice KEUNG
Cat. A 1	Organizer:	Hong Kong Children's Hospital Simulation Training
		Centre
	Coordinator:	Ms. Mandy Ip
	Enquiry:	Email: iym554@ha.org.hk; Tel: 5741 3126
22.1.1	T	THYODIA ID M. (11 CV: 134 C
22 July	Topic:	HKSPIAID Monthly Clinical Meeting
	Venue:	ZOOM - ID: 336 262 017; pw: 036793 /
		https://cuhk.zoom.us/j/336262017?pwd=SnI5aU
		V4VjBOUWg0eUpyTW9pemVHZz09
	Time:	18:00 to 19:00
	Speaker:	-
Cat. A 1	Organizer:	Hong Kong Society for Paediatric Immunology
		Allergy and Infectious Diseases (HKSPIAID)
	Coordinator:	-
	Enquiry:	-

Appendix I

Example on the use of QR Code, URL link on the zoom chat to fill in google form to capture CME Cat A point.

At the end of the zoom training session, the screen will show similar ppt as below and allow fellows to enter their particulars within 15 minutes to avoid fake attendance.



On the completion of the Google Form, there are a couple of ways to access:-

(1) QR Code for Smartphone

To browse the google form using QR code scanner on the smartphone, focus on the code with the scanner, and press the "open" button when the screen changes, then follow the steps in 4(a)-(c).



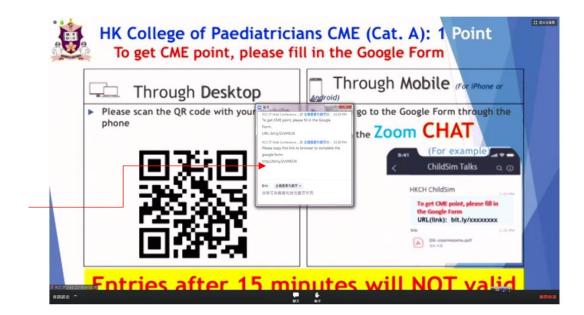


(2) URL shown on the last slide of the presentation

Click on http://exv/heln

(3) URL shown on the Zoom Chat

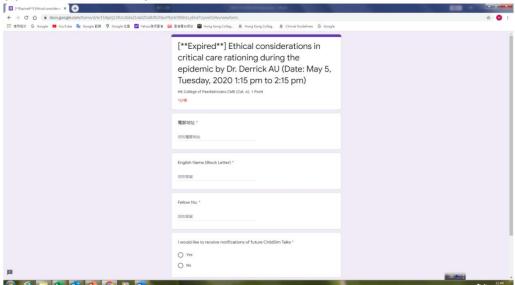
Please copy the link to the browser to complete the google form.



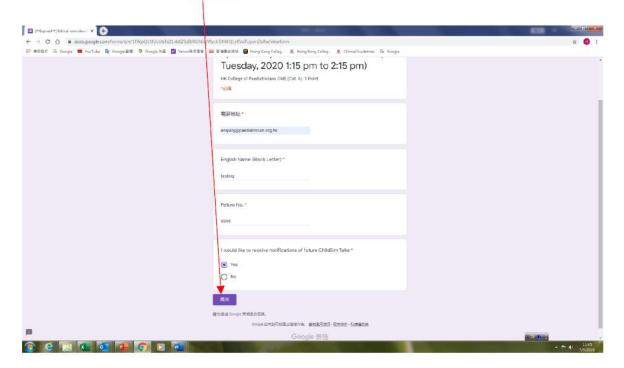
(4) Clicking the Continue/繼續 Button when leaving the Chat **Only those filling in the Google Form 15 minutes after the end of the ChildSim Talks will be passed on to the College for CME application. Late and Early entries would be ignored

Example - a screen capture from an expired HKCH ChidSim session.

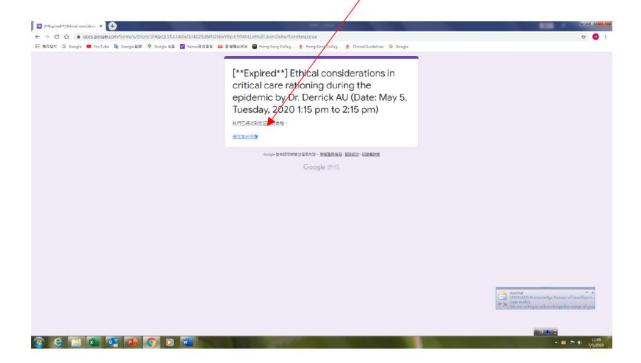
(a) Fill in the necessary items:



(b) Press the button of Submit at the end of the form.



(c) Attendance is successfully captured if the message appeared at the end of the submission.



CME Subcommittee

Online Cat A CME Activities (by ZOOM)

Frequent Asked Questions

Question 1

- Where can I find the Zoom link? How can I get the Zoom software?
- Do I need to download the Zoom apps onto my laptop or mobile device?
- How do I gain access to the Zoom Meetings? I failed to click into the link provided in Excel file attached in the College blast emails.

Answer: You are required to download free-of-charge both the Zoom software/apps (at: https://zoom.us/download) and QR code scanner (free QR code scanner available in Google Play Store on desktop and mobile devices) before the sessions. When you are ready to attend your interested Zoom session, you can click the URL link for that Zoom meeting as provided in the Excel file and follow all the prompts to run the Zoom. You can then enter the Zoom meeting ID and password for that particular meeting that you can found in Excel file attached in our blast email. You are then allowed to join that online Zoom meeting.

The Zoom meetings are very user friendly, and you can access the sessions in your computer's internet browser or using your mobile devices.

If you fail to click into the link provided in the Excel file, you can copy and paste the URL link onto the internet browser of your computer or mobile devices and click to enter the Zoom meetings.

Question 2

• Can I join the Zoom meetings from overseas?

Answer: Yes, Zoom meeting is popular worldwide. You are reminded again to download the Zoom software/apps as well as QR code scanner before the sessions (same as **Answer 1**).

Question 3

• What measures are in place to ensure security of these Zoom meetings?

Answer: Cyber security is always a great concern in this type of open online platforms. Firstly, it is not desirable to set up many access restrictions in the Zoom setting as such may prevent some attendants from joining the meetings. Nonetheless, the host setting up these Zoom meetings may set up some of the following security measures: (a) attendants (as guests) will need to wait in the "waiting room" of Zoom until the host invites them to join the meeting; (b) most if not all Zoom meetings will need attendants to enter passwords to join the meetings; (c) only speakers and colleagues designated by the host will be allowed to share their presentations on the Zoom screen; (d) disable the video recording function of Zoom.

We would like to highlight that these Zoom meetings are intended to provide an opportunity for public and professional education to all College members only. The attendants should avoid discussing private, sensitive or confidential matters in these open Zoom sessions. If deemed necessary, the organizers or attendants should set up separate online sessions (by Zoom or other platforms) after the Zoom meetings to hold their Council Meetings or private group discussions.

Question 4

- Do I need to be registered or enrolled for the interested Zoom meetings beforehand?
- How can Zoom meetings record the attendance of the participants?
- How do I know if the College had registered my attendance in these Zoom meetings? I was not asked to enter my name and CME/Fellowship number when I logged in "Zoom".
- Will the College send an e-mail to all participants of a Zoom meeting to confirm their CME activity?

Answer: Most Zoom meetings do not need enrolment in advance, and participants only need to click/browse on the URL link and enter meeting ID and password as prompted a few minutes before the events start. However, some organizers need participants to pre-register and our College blast emails will highlight this point if appropriate.

In fact, the organizers can view the attendants in these Zoom meetings by clicking the button "Participants". Participants may also send public messages to all others or specifically to another participant using the "Chat" function, and they can ask questions by clicking the "raise your hand" button. The organizer can easily locate the presence of the participants, but of course will prefer to use google form and QR code for individual input if the class size is large.

The College secretariat will not register the attendance of members in any Zoom meeting, which would be the responsibility of individual organizers. They need to submit the attendants' sheets to us for CME credits. In order to take attendance, it is common for organizers to adopt one of the following means: (a) attendant need to set up their Zoom username by including both full name and Fellowship number so that the organizers can record such information during the meetings; (b) organizer may show a QR code at the end of the CME session so that the attendant can scan it and gain access to a Google Form to fill in his/her name and Fellowship number and submit the Form to the organizer. Such information in the Google Forms submitted by all attendants can then be captured in an Excel file for subsequent submission to the College after vetting.

As in face-to-face CME activities, the College will not send message to individual Fellows for confirming their CME credit. You may check with the meeting organizers about this if necessary

Question 5

- Will my face be visible in these Zoom meetings?
- Why do I hear background noises during the Zoom presentation?

Answer: There are two buttons on the bottom of Zoom screen – one for audio function and the other for video function. It is optional for attendants to decide if they want their face to be visible, and they can turn on the "video" in such case. You can turn your camera on or off with the Start/Stop Video button to select a facetime HD camera. By clicking on the arrow next to the "video" button, attendants can change webcams, access the Zoom video settings, or select a virtual background (if enabled).

Zoom will capture the noise/sound of all attendants simultaneously. Thus, it is necessary for all attendants to turn off their "audio" function so that they can hear clear presentations by the speakers. The presence of such background noise from the attendants will be very disturbing and distracting to the speakers.

Question 6

• Why do I fail to capture the QR code shown on the screen at the time of CME sessions? How can I reach the URL to fill in the Google Form after the end of Zoom meetings?

Answer: To avoid fake attendance records, some organizers will provide the QR codes for only a short time (e.g. 15 minutes) after the end of CME sessions. On the other hand, attendants can browse the Google Form by clicking the URL link provided under the Zoom "chat". The organizer will also show the URL link on the last slide of the presentation.

Appendix III

CME/CPD Requirements

- 1. A cycle of CME/CPD assessment shall consist of 3 years. Fellows must fulfill the full requirements of the CME/CPD programme by the end of each cycle.
- 2. The Academy adopted fixed CME/CPD cycles from 1 January 2005. Fellows will commence their first cycle from the 1st day of the month following their admission to Academy Fellowship; and the required CME points for the first cycle will be counted on pro-rata basis. Our College should report to the Education Committee of the Academy any Fellow of the Academy who fails to comply with CME/CPD requirements at the end of the cycle. The Academy Education Committee should then consider further actions.
- 3. The College requires each Fellow to:
- acquire at least 90 points in a 3-year cycle
- acquire at least 30 points from Category A in a 3-year cycle
- acquire at least 15 active CME points in a 3-year cycle Effective from 1st January 2020
- 4. The College recommends each Fellow to:
- acquire at least 20 points per year from CME/CPD activities (Cat A to E), of which at least 10 points per year from Category A activities
- 5. The College encourages all Fellows to participate in as many programmes as feasible.

CME Monitoring and Certification

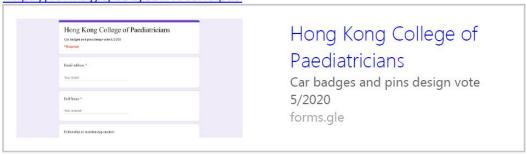
- 1. Fellows' responsibilities
 - a. Fellows must respond to call for CME/CPD returns from Academy/College, and submit all returns with required proof within the defined period of time.
 - b. Fellows failing to submit return on time will be regarded as CME/CPD non-compliant. Subsequent request to review late submissions may be subject to an administrative fee to be determined by the College.
 - c. All notices sent to the address last provided by a Fellow to the Academy/College will be deemed to have been received by that Fellow, and it is the responsibility of a Fellow to update the Academy/College of his contact address whenever it is changed.
- 2. The Education Committee and CME Subcommittee of the College are responsible for monitoring the whole CME/CPD system and keeping detailed CME/CPD records.
- 3. The College will issue a certificate to Fellows who have completed a 3-year CME/CPD programme. The College will maintain a Registry of Fellows who have been awarded certification.

4. In accordance with the requirements of the Hong Kong Academy of Medicine, the College will report to the Education Committee of the Hong Kong Academy of Medicine if an Academy Fellow fails to satisfy the minimum CME/CPD requirements for a 3-year-cycle (i.e. less than 90 total CME/CPD points or less than 30 Category A CME points or less than 15 Active CME points in a 3-year cycle). Sanctions will be considered by the Academy, which may include suspension of Fellowship (See Section VIII below)

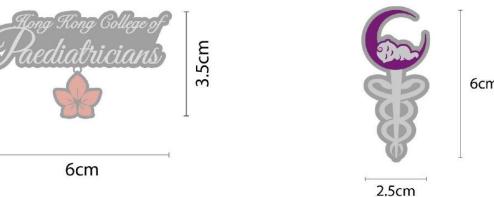
Appendix IV

Please refer to the following link to the Google form prepared by Young Fellows Subcommittee for voting on the final design of car badges and pins.

https://forms.gle/bBay8BR4VcbrkXpu9



pin size_mens_B pin size_mens_A 4.5cm 4.5cm 4cm pin size_ladies_B pin size_ladies_A 6cm



car badge size_D

car badge size_C





car badge size_B

car badge size_A

